

TRANSGENDER ALLYSHIP 101



Allyship both in the workplace and in our community is crucial in creating safe and inclusive spaces for transgender and gender diverse people. Being an ally involves a willingness to listen and learn, to acknowledge and examine one's own privilege, and to take action to promote equity, inclusion, and justice for all.



EDUCATE YOURSELF

Confront your own biases through self-reflection and make a commitment to educate yourself on the experiences of trans people and how to support them.

Do not assume someone's gender identity or pronouns based on their appearance.



BECOME AN ADVOCATE

Learn about policies that impact trans people. Get involved and advocate for procedure changes in your workplace to support gender-affirming care and service.



SPEAK UP AGAINST HARM

Do not tolerate disrespect. Whether it's hurtful language, remarks, or jokes, speak up if it's inappropriate.

Using correct names and pronouns saves lives!



SHARE PRONOUNS

Include your pronouns when introducing yourself to someone. Always listen to and respect the names and pronouns of trans and gender diverse people.



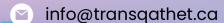
PRACTICE KINDNESS

Be courteous, caring, and respectful to others. If you make a mistake, such as using the wrong pronouns, apologize briefly, correct yourself, and move on.

You don't need to understand someone's gender identity to be respectful of it.



Trans qathet provides peer support for trans and gender diverse people in the qathet region. Contact us to learn more about our services.



www.transqathet.ca







