

YOU ARE IMPORTANT.
YOU ARE SPECIAL.
YOU MATTER.
YOU DESERVE TO BE SUPPORTED.



WE CARE.
WE ARE HERE FOR
YOU.

OTHER CONTACTS

Crisis intervention & suicide prevention

Confidential, non-judgmental, free emotional support 24 hours a day, seven days a week for people experiencing feelings of distress or despair, including feelings which may lead to suicide.

Toll-free: **(1-800-784-2433)**

Mental health support

Call **310-6789** (no need to dial area code) for emotional support, information and resources specific to mental health.

Trans Care BC

Toll-free: **1-866-999-1514**

Outside of BC or unable to call a toll-free number: **604-675-3647**

Email: transcareteam@phsa.ca

Trans Lifeline (877) 330-6366

Trans Lifeline's Hotline is a peer support phone service run by trans people for our trans peers. Call us even if you're not in crisis or if you're not sure you're trans.

- *Full anonymity & confidentiality*
- *No nonconsensual active rescue (calling 911, emergency services, or law enforcement)*



Trans Rights BC

www.transrightsbc.ca

Resources on the legal rights issues commonly faced by trans and gender-diverse people

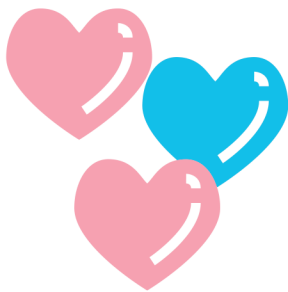


ALLiance
For Gender
Diversity
& SUPPORT

LOCAL RESOURCES

YOUTH CLINIC

(up to 24 years old)
(604) 485-3310



OPTIONS CLINIC

Sexual health clinic
(604) 413-0835

QATHET PRIDE SOCIETY

www.qathetpride.ca

 @qathetpride
qathetpride@gmail.com

COMMUNITY RESOURCE CENTRE

(604) 485-0992
4752 Joyce Ave

SOGI DISTRICT LEAD & BROOKS GSA CO-SPONSOR

Willow Dunlop
willow.dunlop@sd47.bc.ca

DOLSEN COUNSELLING SERVICES

www.dolsencounsellingservices.com

Erica works with adults (18+), gender diverse and trans clients are welcome.

NOLAN LOUIE, TLA'AMIN NATION

604-414-6351 ext 118

ANNABELLE TULLY-BARR

Support for parents
Annabelle@transqathet.ca



TRANS QATHET

www.transqathet.ca

  @transqathet
info@transqathet.ca
(604) 414-6187



HELPING OUT

www.transqathet.ca/helping-out

Ongoing funding and assistance for local trans & gender diverse people. Do you or someone you know have some needs that we could help meet? Send in an application and our team will do our best to help you out!

THE TQ TEAM!

JESS

Hi! I'm Jess (they/them/she/her) and I am a nonbinary parent to two little kids. You can reach out to me about parenting outside the binary. I have an MA in Gender Studies and I am happy to chat about any gender related topic. I love reading and researching, contact me for resources or book recommendations for all ages.

Jess@transqathet.ca



If you are in need of immediate assistance please contact a hotline on the back of this brochure.

LAURANCE

Hiya, my name is Laurance Playford-Beaudet (he/him), I am a trans artist and activist, working on building safe and inclusive community through Trans qathet. You can reach out to me with questions or stories, for connection to resources, and peer support. Je parle francais aussi.

Laurance@transqathet.ca



ZEKE

Howdy, I'm Zeke (they/them/he/him). I've lived in the qathet region since 2004, and enjoy living rurally and raising livestock. When I came out in 2015 I was shocked by the lack of resources and understanding in qathet. I am here for trans and gender diverse folks who may need some support or questions answered. I am excited to hear from you lovely folks!

Zeke@transqathet.ca

